

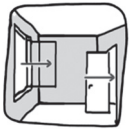


HEALTHY LIVING

How to aerate right

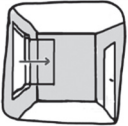
4 good reasons for efficient aeration:

- Maintain the health
- get enough oxygen
- evacuate humidity
- eliminate pollutants



Transversal aeration

1- 5 Minutes, at least 3 to 4 times a day, opposite windows/ doors simultaneously.



Kick aeration

5 -10 Minutes, 3 to 4 times a day, the windows of a room a completely opened.



Avoid tilted windows

However it is wrong to have tilted windows in winter times for a long time! Tilted windows are bad, because they cool down also the walls. This is propitious for mould to form.



What to do against mould?

The causes

Mold spores are always in the air. Whenever they find on surfaces the appropriate humidity and nutrients, the surfaces become mildewed and the concentration of spores increases. The threat for mould to form is higher on badly isolated external walls when the humidity in the air is high too, or when furniture is located near to external walls and no air can circulate. Mold can develop also in badly aerated bathrooms and in cold window niches.

This is how NO mould will form

- Right aeration
 - › The hygrometer that measures the relative humidity in the air shall now be above **60 %**.
 - › No permanently tilted windows in order to avoid mould to form near the window.
 - › When drying laundry in the flat aerate more often.
- Heat but in the right way
- Heat rooms that are used regularly sufficiently (16–20 °C when the humidity in the air is high)
- Clean living space
 - › Wipe condensed water on windows and wall frames dry.
 - › Wipe the bathroom after the shower/bath dry and aerate it.
- Do not position furniture next to an external wall or keep at least a distance of minimally 10 cm to the wall.
- Repair construction defects (for instance beheben (z. B. rain pipes)
- Consider surface materials (no wall papers, no gypsum plaster board, better use pure lime plaster or lime wall colours).
- Small mildew or mold stain (below half a m²) can be eliminated with **spirit** (from the building supplies store) or **ethyl alcohol** (70 % alcohol from the pharmacy).

More mould information:

Information leaflet „Mould“ and leaflet „Aerate Right“: www.umweltberatung.at/downloads

Questionnaire on self assessment regarding the mould risk (in German)

www.wien.gv.at/wohnen/gesund-wohnen/schimmelpilz

Usefull Adressess

MA 50 – Gruppe Schlichtungsstelle

Mo, Wedi: 8-13 h, Thu: 15.30-17.30 h
1190 Viena, Muthgasse 62, Riegel E,
1. Stock, Top 1 1.42
(01) 4000 74498
www.wien.gv.at/wohnen/schlichtungsstelle
www.mietenrechner.wien.at
www.betriebskostenrechner.wien.at

Mieterhilfe-Telefon

Rasche und kostenlose Antworten
auf alle Wohnrechtsfragen
Mo-Fr: 8-17 Uhr
4000-25900 oder 4000-8000
www.wohnservice-wien.at
www.mieterhilfe.at

Mietervereinigung Österreich

(necessary membership)
Mo -Thu: 8.30–17 Uhr, Fr: 8.30–14 Uhr
Hauptsitz: 1010 Wien, Reichsratstraße 15
(01) 40 185
www.mietervereinigung.at

Österreichischer Mieter- und Wohnungseigentümergebund

(necessary membership)
Mo-Do: 9-17 Uhr, Fr: 9-12 Uhr
(telefonische Terminvereinbarung notwendig)
(01) 512 53 60 oder (01) 512 19 13
www.mieterbund.at

Mieterschutzverband Österreichs

(necessary membership)
(telefonische Terminvereinbarung notwendig)
(01) 523 23 15
www.mieterschutzverband.at

Verein für Konsumenteninformation

Mo–Fr: 9–18 Uhr
Infocenter, 1060 Wien, Mariahilfer Straße 81
(01) 588 770 (persönliche Beratung nur
nach Terminvereinbarung)
www.konsument.at

First counseling free of charge (ev. in
other languages) in some field offices
mostly 1x per week possible

Call us, we will advise you!

DIE UMWELTBERATUNG (01) 803 32 32

service@umweltberatung.at www.umweltberatung.at



Legal notice: 2018, Publisher: Die Wiener Volkshochschulen GmbH, Lustkandlgasse 50, 1090 Wien. Responsible for the content: Herbert Schweiger, Managing Director. Editorial Staff: Team BWE, DIE UMWELTBERATUNG. Translation: Bojan Schnabl (Smarter Together). Layout: Monika Kupka, DIE UMWELTBERATUNG is an institution of the VHS Wien, baseline financed by the Wiener Umweltschutzabteilung – MA22.

Project partners

